

A Look Ahead

Interscholastic fall sports dates set

Starting dates for fall interscholastic sports and team meetings are listed below. All Minnesota State High School League (MSHSL) forms must be turned in and the fee paid before students can participate. Physicals are required every three years, starting in seventh grade (use the form in the MSHSL packet).

The required parent/athlete night for high school fall sports is 6:30 p.m., Monday, August 23 in the white building gym.

High school students can obtain forms during office hours in the high school main office, cashier's office, district office, or the Community Services office. Register and turn in forms, fees and physicals to the white building cashier (763-792-5020) during summer cashier hours:

- ◆ Tuesday, August 10, 7 a.m.–4:30 p.m.;
- ◆ Wednesday, August 11, 7 a.m.–7:30 p.m.;
- ◆ Thursday, August 12, 7 a.m.–4:30 p.m.;
- ◆ Monday–Friday, August 16–20, 7:30 a.m.–3:30 p.m.

For further information call the high school activities office at 763-792-5018.

Middle school students on high school teams can obtain forms in the middle school main office and cashier's office (763-792-5420). All forms, fees and physicals need to be turned in to the middle school cashier:

- ▶ Tuesday/Wednesday, August 10–11, 10 a.m.–1 p.m. and 3–7 p.m.;
- ▶ Thursday, August 12, 7–11 a.m.;
- ▶ Monday, August 16, 7–11 a.m.;
- ▶ Tuesday/Wednesday, August 17–18, 8 a.m.–4 p.m.

Sport	Level	Date	Time	Place
Cheerleading	Varsity/JV (9–12)	August 16	9 a.m.	HS white cafeteria
Cross-Country (B/G)*	Varsity (7–12) 9th–12th grades	August 16	7 a.m.	HS white wrestling room
		August 16	4 p.m.	HS white wrestling room
Football*	Varsity (10–12) 9th grade 8th grade 7th grade	August 16	7:30 a.m.	HS white locker room
		August 16	8 a.m.	HS red locker room
		August 31	3–5 p.m.	MS locker rooms
		Sept. 1	3–5 p.m.	MS locker rooms
Soccer (Boys)	Varsity/JV/B (9–12) 6–8 grade	August 16	2:30–6 p.m.	HS fields (behind arena)
		August 31	3:30–5 p.m.	MS locker rooms/soccer field 6
Soccer (Girls)	Varsity/JV/B/C (9–12) 6–8 grade	August 16	8 a.m.	HS fields (behind arena)
		August 31	3:30–5 p.m.	MS locker rooms/soccer field 8
Swim/Dive (Girls)	Varsity (7–12)	August 16	4–6 p.m.	HS pool (red building)
Tennis (Girls)	Varsity/JV/C (7–12) 7–8 grade traveling	August 16	10 a.m.	HS tennis courts
		Sept. 1	1–2:30 p.m.	MS tennis courts
Volleyball (Girls)	Varsity (9–12) 7–8 grade	August 16	4:30–9 p.m.	HS white gym
		August 31	3–5 p.m.	MS gyms
Adapted Soccer (Co-ed)	Varsity (7–12)	Sept. 7	-----	Listen for announcements
Cougar Dance Club	Grades 9–12	August 16	5 p.m.	White Cafeteria (organizational)

*Team meetings prior to start of season:

Cross Country (B/G)	July 16	6 p.m.	Golden Lake Park
Football Equipment hand-out	August 12	8–11 a.m.	HS/white locker (grades 10–12)
	August 12	8 a.m.	HS/red locker (grade 9)
	August 30	3:30–5:30 p.m.	MS back hallway by lockers (grade 8)
	August 31	3:30–5:30 p.m.	MS back hallway by lockers (grade 7)